



HIV Then

HIV Now



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Getting tested and getting treatment changed my life. If I can do it, anyone can.

My Health is *My* RIGHT

I have a right to non-judgemental health care

- » **Confidential and non-judgmental health care is everyone's right.** This includes HIV testing and treatment.
- » An HIV screening test can take as little as 60 seconds.
- » Health outreach nurses are available to provide discreet and confidential HIV testing. They can meet you wherever you are.
- » Treatment works even if you're still using. Treatment is free and can be as little as one pill a day.
- » Getting tested for HIV and knowing your status is the first step to getting life-saving health care. If you test positive a nurse will be there for you.

To be linked to a nurse Monday – Friday call **1-866-778-7736** OR in the Thompson Cariboo call or text **250-571-4086** or **778-257-4129**. A response may take up to 48 hours.

**Find out more about
HIV and where to get
confidential testing at:**

MyHealthisSexy.com



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Every person matters

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To be linked to a nurse Monday – Friday call
1-866-778-7736 OR in the Central Okanagan
call or text **250-808-1767** or **250-718-3861**.
A response may take up to 48 hours.

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To be linked to a nurse Monday – Friday call **1-866-778-7736** OR in the Kootenay Boundary call or text **250-505-4787**. A response may take up to 48 hours.

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To be linked to a nurse Monday – Friday call **1-866-778-7736** OR in the North Okanagan through to Revelstoke call or text **250-309-5721**. A response may take up to 48 hours.

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To be linked to a nurse Monday – Friday call **1-866-778-7736** OR in the South Okanagan call or text **250-488-3875**. A response may take up to 48 hours.

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To be linked to a nurse Monday – Friday call **1-866-778-7736** OR in the East Kootenay call or text **250-919-7673**. A response may take up to 48 hours.

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